

Training & Orientation Days

be prepared - be inspired



TRAINING AND ORIENTATION DAYS

Introduction

Your training and orientation package is designed to familiarise you with the kit and equipment you will be using, and hopefully wet your appetite for the amazing, challenging adventures you are about to embark upon. This document will tell you where training is being held, what topics will be covered, and what you need to bring with you. If you have any further questions then please get in contact with us.

Coming from overseas?

Those riders coming from outside of the U.K. may quite understandably not want to travel long distances for such brief and informal events. Please don't worry if you are unable to make it – you will not miss any vital pieces of information and it won't affect your trip in any way if you do not come. You will have plenty of time to pick up all of the most important topics covered once the trip itself is underway.

Getting Here

Kudu HQ is situated within Court Farm Business Park, in the village of Bishops Frome in Worcestershire. If you wish to take the train then the nearest station is Ledbury, which is a 15 minute taxi ride away. There are also direct trains from London Paddington to Malvern, which is a 20 minute taxi ride from our workshop. If you are coming here by car, on arrival at Bishops Frome simply follow signs for the "Industrial Estate" and our unit is clearly marked with a large number "13".

Staying Overnight?

You may wish to stay the night either before or after the training day nearby. You can stay in Bishops Frome at the local pub which also has rooms, or in the nearby market towns of Bromyard or Ledbury, where there are many more options. A couple of choices are listed below, but for further options and hotel reviews we recommend you visit www.tripadvisor.com.

The Chase Inn, Bishops Frome

This pleasant pub with accommodation is the nearest place to stay to Kudu HQ and is no more than 5 minutes walk from our workshop. It is prominently situated in the centre of Bishops Frome and is therefore very easy to find. Telephone +44(0)1885 490561 for current prices and reservations (prices start from £30 for a single room). The Chase Inn is also the most convenient place to have an evening meal and drink after the meeting has ended.

The Feathers Hotel, Ledbury

This hotel is situated in the centre of the nearby, historic market town of Ledbury, approximately 15 minutes from Kudu HQ by car or taxi, and a short walk from Ledbury train station. Phone +44(0)1531 635266 or visit www.feathers-ledbury.co.uk for the latest prices.

What will I need to bring with me?

- Personal riding kit - please bring kit able to keep you warm and dry if the weather is poor.
- Casual clothing for indoor presentations and to wear in the evening if you are staying overnight.
- Personal spending money for snacks and drinks.

You will be provided with 2 x tough, 40 Litre canvas bags so that you can be certain that you have the ability to keep your kit and equipment dry during the trip itself. 80 litres should be ample space for everything you need on the trip.

Meals

Lunch will be provided for you free of charge from the expedition support vehicle whilst you are at our premises at Court Farm.

ADDITIONAL ADMINISTRATION

3rd Party Insurance

Those using motorcycles belonging to Kudu Expeditions must ensure that they qualify for our 3rd party motorcycle cover. It will legally enable you to ride the bike on public roads in the U.K., France and Spain. Once in Morocco this insurance is no longer valid and you will purchase your own 3rd party insurance as you enter each country.

Below are the criteria for cover under Kudu's motorcycle insurance, and during the training day you will be required to sign a form declaring your eligibility before your bike is handed over to you:

1. You must have held a full motorcycle licence for 2 years
2. Aged 21 – 70
3. Free of any physical defect or infirmity
4. No convictions in last 5 years: AC/BA/DD/DR/UT/TT
5. More than 1 conviction in 3 years of: CD/IN/LC/MS/MW/PC/PL/SP/TS and not involving a suspension
6. Not in more than 1 accident in previous 3 years
7. Not involved in professional entertainment or sport, a student or foreign service personnel

A complete list of the conviction codes will be e-mailed to you. If you have any concerns about your eligibility then please get in contact with us – it can usually be resolved quite easily by speaking to our insurers.

Provisional Programme of Events

All training is based at Kudu HQ in Bishops Cleeve and you will see from the programme that it will be a busy day – the itinerary below is provisional and may be altered. The day is designed to give you the basic knowledge and skills to keep yourself safe as your experience builds up during the course of the trip itself. There will be ample time for you to really get to grips with all aspects of the kit and equipment once the expedition is under way.

Time	Activity	Notes
0930 - 0945	Introductions	Meet at Kudu HQ for an introductory cup of tea or coffee and a chance to meet the Kudu team in person.
0945 – 1015	Expedition overview	General info on countries, routes and borders.
1015 - 1030	Expedition administration	Carnets, insurance and all other administrative issues.
1030 - 1045	BREAK Equipment familiarisation	Tea and coffee will be made available and you will be shown around the bikes, tents, tools, cooking and everything else.
1045 – 1145	Navigation and GPS lesson with practical	Please bring your GPS with you if you are bringing your own on the expedition. If hiring from Kudu then it will be made available to you.
1150 - 1230	Safe riding in Africa	All of the pit-falls of riding in Africa and how to avoid them.
1230 – 1315	LUNCH	Provided from the Support vehicle at Court Farm – please change into riding kit.
1315 – 1330	GPS refresher	
1330 – 1500	Group ride-out and navigation practical	Ride into the local area navigating to waypoints
1500 – 1515	Tea and coffee Provided from the support vehicle	The most important things you need to know to keep your bike in top condition.
1515 - 1600	Motorcycle maintenance	
1600 - 1700	Puncture repair demonstration & practical	
1700 – 1720	Final debrief and questions	Last chance for some face-to-face questioning before we go!
1730	Riders Depart	Although it is our intention for the day to end at 1730, please bear in mind when booking taxis etc that it may overrun by as much as 30 minutes

